

Center Club Lunch Menu August 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Roasted Chickpea Salad Cupcakes
4 American Chop Suey Salad Yogurt	5 Meatball Subs Chips Salad Fruit	6 Mexican Chicken Soup Salad Jello	7 Tuna Melt Salad Ice Cream	8 Veggie Lasagna Salad Yogurt
11 Beef Stroganoff Green Beans Jell-O	12 Cold Plate Pasta Salad, Chicken Salad Fruit Salad	13 Broccoli Soup Dinner Roll Salad Fruit	14 Tilapia Tacos Coleslaw Black Beans Yogurt	15 Falafel Pita Pocket with Chopped Salad Pudding
18 Chicken Tikka Masala Rice Yogurt	19 Bologna/Italian Subs Chips	20 Gazpacho Bread Green Salad Pudding	21 Salmon Spinach Mashed Potatoes Jello	22 Macaroni and Cheese Salad Fruit
25 Shepard's Pie Salad Yogurt	26 Chicken Parm Sandwich Salad Fruit	27 CLEANING DAY Lunch at 1:00 Sandwiches Chips Pickles	28 Seafood Salad Chips Salad Jello	29 Spinach Feta Tomato Quiche Salad Yogurt

Center Club Lunch Menu July 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 English Muffin Pizza Salad Jell-O	2 Chicken Noodle Soup Dinner Roll Salad + Fruit	3 Chef's Salad Dinner Roll Fruit	INDEPENDANCE DAY 4 Hot Dogs Caprese Pasta Salad Popsicles
7 Baked Chicken Greens Fruit	8 Chicken Salad Chips Salad & Jell-O	9 Sweet Potato Soup Salad Chocolate Cake	10 Steak Caesar Salad Garlic Bread Popsicles	11 Garlic and Butter Pasta Dinner Roll Salad + Fruit
14 Chicken Broccoli Ziti Dinner Roll Salad + Fruit	15 Pastrami Sandwich Chips Coleslaw + Fruit	16 Zucchini and Tomato Soup Salad Pudding	17 White Rice, Kidney Beans, Green Salad Plantains & Fruit	18 Beyond Burgers Sweet Potato Fries Salad & Jell-O
21 Pulled Pork Rice Collard Greens Corn Bread	22 Steak and Cheese Sub Chips Salad + Popsicles	23 Clam Chowder Oyster Crackers Salad Fruit	24 Haddock and Fries Salad Jell-O	25 Basmati Rice and Curry Salad Fruit
28 Chicken Corden Bleu Rice + Beans Fruit	29 Fish Sandwich Sweet Potato Fries Yogurt	30 Cleaning Day Lunch at 1:00 Sandwiches Chips Pickles	31 Creamed Cod Oven-Roasted Asparagus Popsicles	

Center Club Lunch Menu June 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Shepard's Pie Salad Pudding 2	Avocado Sandwiches w/ Tomatoes Salad & Fruit 3	Minestrone Soup Dinner Roll Salad Yogurt 4	Shrimp Scampi Salad Jell-O 5	REFRESHMENTS SERVED AFTER PERFORMANCE 6
Hot Dogs with Chili Coleslaw Fruit 9	Tuna melts Chips Salad Fruit 10	Mexican Chicken Soup with Avocado Rice Pudding 11	Baked Cod over Rice Pilaf Green Beans Yogurt 12	PRIDE CELEBRATION LGBT Sandwiches (Lettuce, Guac, Bacon and Tomato) Salad+Chips Rainbow Cupcakes 13
FATHER'S DAY Cheese Burgers French Fries Salad + Fruit 16	Stuffed Peppers w/ Ground Turkey Salad Fruit 17	FREE PIZZA 18	JUNETEENTH Mac & Cheese Garlic Green Beans Vanilla Puddin 19	Roasted Veggie Farro Bowls with Cranberries Yogurt 20
Waffles + Bacon Scrambled Eggs Berries 23	END OF FISCAL YEAR PARTY LUNCH AT 1:00PM 24	Cleaning Day Lunch at 1:00 Sandwiches Chips Pickles 25	Fish Sticks with Tartar Sauce Coleslaw + Yogurt 26	Spaghetti & Spinach w/ Sun-Dried Tomato Salad & Fruit 28
Chicken Parmesan Pasta Salad +Fruit 30				

Center Club Lunch Menu May 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Tuna Casserole Salad Fruit	2 Pita Pockets w/ Hummus and Veggies Cupcakes
CINCO DE MAYO LUNCHEON 5 Steak Tacos w/ Avocado, Refried Beans, Rice Churros	6 Breaded Chicken Clubs Salad Fruit	7 Tomato Basil Soup Grilled Cheese Salad Yogurt	8 Seafood Salad on a Roll Chips Fruit	9 Stuffed Shells Salad Fruit
12 Chicken Alfredo Garlic Bread Salad Yogurt	13 Meatball Subs Salad Fruit	14 Broccoli Cheddar Soup Dinner Roll Salad Yogurt	15 Salmon Rice Pilaf Spinach Jell-O	16 Beyond Burgers Sweet Potato Fries Yogurt
19 Beef Brisket Mashed Potatoes Corn Fruit	20 Chicken Burritos Yellow Rice Salad Pudding	21 Cleaning Day Lunch at 1:00 Sandwiches Chips Pickles	22 Tilapia French Fries Salad Fruit	23 Creamy Tofu Noodles Salad Jell-O
26 MEMORIAL DAY Hot Dogs Baked Beans Coleslaw Fruit	27 BLT Pickles and Chips Salad Yogurt	28 Chicken Dumpling Soup Salad Fruit	29 Roasted Chicken, White Rice, Kidney Beans, Green Salad Plantains & Fruit	30 Moroccan Couscous w/ Chickpeas Tomato and Cucumber Salad Yogurt

Center Club Lunch Menu April 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	¹ BBQ Chicken Coleslaw Jell-O	² Chicken Soup Dinner Roll Salad + Fruit	³ Fish Sticks with Tartar Sauce Coleslaw + Yogurt	⁴ Butter Paneer Rice Salad Cupcakes
⁷ Shepard's Pie Salad Rice Pudding	⁸ Reuben Sandwich Pickles Chips Salad + Fruit	⁹ HEALTH AND WELLNESS FAIR DAY 1 Assorted Wraps & Juices	¹⁰ HEALTH AND WELLNESS FAIR DAY 2 Assorted Wraps & Juices	¹¹ Cheesy Black Bean Tacos + Guacamole Yellow Rice Fruit
¹⁴ Meatloaf Mashed Potatoes Veggies Fruit	¹⁵ Sloppy Joes Corn Salad Jell-O	¹⁶ Cleaning Day Lunch at 1:00 Sandwiches Chips Pickles	¹⁷ American Chop Suey Salad Fruit	¹⁸ Feta, Chickpeas and Tomatoes with a Green Salad Pudding
²¹ PATRIOTS' DAY Beef Lasagna Garlic Bread Salad & Fruit	²² Steak and Cheese Sub Chips Salad + Jell-O	²³ EASTER CELEBRATION Sliced Ham, Lamb, Au Gratin Potatoes Green Beans Dinner rolls + Soda Bread	²⁴ Mac and Cheese with Hotdogs Salad Fruit	²⁵ Veggie Fried Rice with Tofu Salad
²⁸ Cream of Mushroom Soup Salad Fruit	²⁹ Fish Sandwich Sweet Potato Fries Yogurt	³⁰ Mexican Chicken Soup with Avocado + Rice Pudding		

Center Club Lunch Menu March 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Chops 3 Rice & Pinto Beans Mixed Veggies Fruit	Tuna melts 4 Chips Salad Fruit	French Onion Soup 5 Dinner Rolls Salad Fruit	Chicken 6 Taco Salad w/ Tortilla Chips Pineapple	Beyond Burgers 7 Sweet Potato Fries Salad & Jell-O
Cheese Burgers Subs 10 French Fries Salad Fruit	Chicken Club 11 Chips Salad Yogurt	Clam Chowder 12 Oyster Crackers Salad Fruit	Beef & Cheese 13 Pupusa Pickled Coleslaw Pudding	Stuffed Shells 14 w/ Ricotta Caesar Salad Jell-O
ST. PATRICK'S DAY 17 Corned beef Cabbage & Potatoes Soda Bread	Avocado 18 Sandwiches w/ Tomatoes Salad & Pudding	Tomato Basil Soup 19 Grilled Cheese Salad Yogurt	Cheese Quesadilla 20 Guacamole Salad Rice Pudding	CHELSEA'S SPECIAL 21 Homemade Mac&Cheese Salad & Yogurt
Rice, Beans, Plantain 24 Chicken Tenders Salad Yogurt	Garlic Shrimp 25 with Rice Parmesan Broccoli Fruit	Cleaning Day Lunch at 1:00 26 Sandwiches Chips Pickles	Haddock and 27 Fries Salad Jell-O	Vietnamese Vermicelli 28 Noodle Salad with Tofu, Mint and Cilantro **Peanuts**
Hot Dogs 31 Baked Beans Corn Jell-O				

Center Club Lunch Menu February 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Burritos Yellow Rice Salad Lemon Meringue	Cassandra's Special Turkey Lasagne with 3 cheeses Salad Pound Cake	Ministrone Dinner Roll Salad Yogurt	Salmon Rice Pilaf Spinach Jello	Asparagus, Ricotta Frittata Dinner Roll Fruit
Beef Stroganoff Dinner Roll Salad Jello	BLACK HISTORY LUNCH Sloppy Joes Corn on the Cob Fruit	Chicken Noodle Soup Salad Corn Muffins	Pizza Bagels Salad Parfait	VALENTINE'S DAY Pink Sauce Pasta Dinner Roll Salad w/ Beets Strawberry Cupcakes
PRESIDENTS' DAY Hot Dogs Beans Corn Jello	Pastrami Sandwiches Chips Pickle	Cleaning Day Lunch at 1:00 Sandwiches Chips Pickles	Spagetti and Meatballs Salad Fruit	Farro with Roasted Veggies Yogurt
Broccoli Cheddar Soup Salad Fruit	Turkey Club Chips Salad Yogurt	Italian Wedding Soup Dinner Roll Salad Pudding	Spinach, Tomato and Feta Quiche Salad Yogurt	RAMADAN

Center Club Lunch Menu January 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Melts Salad Fruit	2 Spaghetti and Meat Balls Salad Fruit	KWANZAA 3 Jerk chicken Pinto bean Collard Greens Sweet potato pie
6 EPIPHANY Pork Potato Salad Salad Three Kings Cake	7 Tuna melts Chips Salad Fruit	8 Corn Chowder Oyster Crackers Salad Fruit	9 Shrimp Scampi with Pasta Garlic Bread Salad+Fruit	10 Veggie Burgers Sweet Potato Fries Salad & Jell-O
13 Meat Loaf Mashed Potatoes Broccoli Fruit	14 Hummus & Veggies on Flatbread Green Salad & Fruit	15 Tomato Soup Grilled Cheese Salad Yogurt	16 Pork Chops Sweet Potatoes Green Beans Fruit	17 Veggie Empanadas Salad Fruit
20 MLK JR DAY Mac&Cheese w/ Bacon Bites Salad Corn Muffin	21 Chicken Caesar Salad Wraps Fruit	22 Clam Chowder Oyster Crackers Salad Fruit	23 Beef Tacos Guacamole Yellow Rice Pineapple	24 Teriyaki Stir-Fry with Tofu over Brown Rice Mandarin Oranges
27 Beef Rice & Beans Plantain Fruit Salad	28 Open Faced Turkey Stuffing, Potato Salad & Cranberry Sauce	29 LUNAR NEW YEAR Peking Raviolis Egg Rolls Noodles w/ Vegetables & Fruit	30 Seafood Salad Coleslaw Chips Jell-O	31 Cheese Raviolis Garlic Bread Salad Fruit

Center Club Lunch Menu December 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Beef Lasagna Salad Fruit	3 Vietnamese Chicken Sandwich (Bánh Mì) Chips Yogurt	4 French Onion Soup Dinner Rolls Salad Fruit	5 HOLIDAY FAIR NO REGULAR LUNCH Food available for purchase	6 Veggie Empanadas Salad Fruit
9 Rice, Beans, Guac Chicken Tenders Salad Yogurt	10 Pastrami Sandwiches Chips Pickles Chocolate Pudding	11 Spanish Chickpea, Kielbasa Kale Stew Salad Fruit	12 Beef + Broccoli over Rice Salad Fruit	13 Spinach and Feta Quiche Veggies Fruit Salad
16 Chicken Casserole Salad Fruit	17 Meat Ball Sub Salad Jell-O	18 Cleaning Day Lunch at 1:00 Sandwiches Chips Pickles	19 Baked Cod over Rice Pilaf Green Beans Yogurt	20 LUNCH SERVED AFTER PERFORMANCE Veggie Lasagna Dinner Rolls Salad + Pudding
23 Waffles + Bacon Scrambled Eggs Berries	24 Pizza Bagels Salad Jell-O	25 CHRISTMAS 	26 CHRISTMAS LEFT OVERS	28 Spaghetti & Spinach w/ Sun-Dried Tomato Salad & Fruit
30 Roast Beef Mashed Potatoes String Beans Jell-O	31 Fish Finger and Tater Tots Cole Slaw Yogurt			

Center Club Lunch Menu November 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/12 Dinner: Jay & Noga Special Cauliflower Nuggets Mashed Potatoes Chocolate Covered Melons				Mexican Tostadas Day of the Dead Bread Fruit
4 Waffles + Bacon Scrambled Eggs Berries	5 Sloppy Joes Corn on the Cob Sweet Potato Fries Fruit	6 Ramen Soup w/ Veggies, Tofu & Eggs Fruit	7 Chef's Salad Dinner Roll Jell-O	8 Fettucine Alfredo w/ Broccoli Garlic bread Salad & Fruit
VETERANS DAY 11 Chicken Caesar Salad Garlic Bread Fruit	Tuna melts + Chips Salad & Fruit 12 <u>Dinner: Jay & Noga's Special</u>	CLEANING DAY Lunch at 1:00 13 Sandwiches Chips Pickles	OPEN HOUSE 14 *NO SIT DOWN LUNCH*	Falafel + Hummus & Veggie Pitas Green Salad & Fruit 15
18 Swedish Meatballs over Egg Noodles Salad Jell-O	19 BLT Sandwiches Baked Chips Pickles Fruit	20 Red Lentil Soup Toast Salad Fruit	21 Everything Bagel Salmon Asparagus Roasted Potatoes Fruit	22 Veggie Burgers Sweet Potato Fries Salad & Fruit
25 Stuffed Shells w/ Ricotta Caesar Salad Jell-O	26 Italian Sub Chips Salad Pudding	27 Tomato Soup Grilled Cheese Salad Fruit	THANKSGIVING 28 MEMBERS: \$1 GUESTS: \$8 	29 THANKSGIVING LEFT OVERS

Center Club Lunch Menu October 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Meatball Subs Salad Fruit	2 Broccoli Pure Soup Dinner Rolls Salad & Fruit	3 Goulash Garlic Bread Salad Fruit	4 IMPOSSIBLE Burgers Sweet Potato Fries Yogurt Parfait
7 Yellow Rice, Beans and Chicken Salad Pudding	8 Chicken melts Chips Salad Jell-O	9 Vegetable Soup Croissant Salad Fruit	10 Shepherd's Pie Salad Rice Pudding	11 Mac&Cheese Salad Corn Muffin Fruit
14 COLUMBUS DAY Lunch Served at 12 Beef Lasagna Salad Fruit	15 Avocado Sandwiches Salad Pudding	16 Salmon Soup Dinner Rolls Salad & Fruit	17 Beef Hot Dogs Coleslaw Baked Beans Jell-O	18 Veggie Stir-Fry over Brown Rice Salad Fruit
21 Cheese Burgers French Fries Salad Fruit	22 Green Beans and Red Curry Rice Salad Fruit	23 Sausage Pepper & Onions over Cauliflower rice Yogurt	24 Tilapia and Fries Salad Jell-O	25 Marinara Sauce over Spaghetti Salad Apple Crumble
28 Pork Chops Stuffing Green Beans Fruit	29 Turkey Burgers Sweet Potato Fries Yogurt Parfait	30 Lentil Soup Dinner Rolls Salad Fruit	31 HALLOWEEN Butternut Squash Raviolis Salad Pumpkin Pie	

Center Club Lunch Menu September 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Labor Day Lunch Served at 12 2 Hot Dogs Baked Beans Ice Cream	3 BLT Sandwiches Baked Chips Pickles Fruit	4 Chicken Noodle Soup Salad Pudding	5 Roast Beef Sandwich Potato Salad Fruit	6 Spanakopita Greek Salad Fruit
9 Spaghetti and Meat Balls Salad Fruit	10 Tuna melts Chips Salad Fruit	11 Butternut Squash Soup Salad Yogurt w/ Granola	12 Haddock Fish Mixed Veggies Yogurt	13 Flat Bread Pizza Mixed Veggies Fruit
16 Chicken Tenders Mashed Potatoes Asparagus Jell-O	17 Caprese Sandwich Chips Salad Vanilla Pudding	18 Brazilian Chicken Soup with Yucca & Yam Salad & Fruit	HISPANIC HERITAGE LUNCH 19 Chicken Burritos Bowls Tortilla Chips Pineapple 	20 Veggie Chilli Corn Bread Salad Fruit
23 Rice and Beans Beef Salad Fruit	24 Fish and Chips Grilled Corn Jell-O	Cleaning Day Lunch at 1:00 25 Sandwiches Chips Pickles	LEW'S MEMORIAL LUNCH 26 Noodles w/ Veggies Orange Chicken Dumplings Fruit	28 Roasted Mushroom Mashed Potatoes Salad Fruit
30 Stuffed Shells w/ Ricotta Caesar Salad Jell-O				

Center Club Lunch Menu August 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Chicken Breast Watermelon Arugula and Feta Salad	Roasted Veggie Farro Bowls with Cranberries Yogurt
Chicken Caesar Salad Garlic Bread Jell-O	Baked Cod over Rice Pilaf Mixed Veggies Yogurt	Tomato Soup Grilled Cheese Salad Fruit	Sheppard's Pie Salad Rice Pudding	Hummus & Veggie Pitas Green Salad & Fruit
Fish Sticks and Tater Tots Coleslaw Fruit	Mac&Cheese Salad Corn Muffin Popsicles	Lemon Chicken- Orzo Soup Dinner Rolls Salad & Fruit	Shrimp Tacos Bean & Corn Salad Guacamole Fruit	Spinach and Feta Quiche Veggies Fruit Salad
Pulled Pork Baked Beans Potato Salad Fruit	Pizza Bagels Salad Ice Cream	CLEANING DAY Lunch at 1:00 Sandwiches Chips Pickles	Sloppy Joes Corn on the Cob Sweet Potato Fries Fruit	Veggie Burgers Sweet Potato Fries Salad & Fruit
Beef Rice & Beans Platano Fruit Salad	Salmon w/ Mashed Potatoes Corn Yogurt	Lentil Soup Roast Beef Sandwich Salad & Fruit	Chicken Sandwich on Sesame bun Chips Pudding	Portobello Tacos Black Beans Guacamole Popsicles

Center Club Lunch Menu JULY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Beef Rice & Beans Platano Fruit Salad	2 Tuna melts Chips Salad Fruit	3 Mexican Chicken Soup Tortillas Salad Fruit	4 INDEPENDENCE DAY ★☆☆☆☆ Hot Dogs Caprese Pasta Salad Popsicles	5 Noodle Salad with Tofu over Rice Noodles Mandarin Oranges
8 American Chop Suey Salad Fruit	9 Baked Cod over Brown Rice Green Beans Yogurt	10 Clam Chowder Oyster Crackers Salad Fruit	11 Chef's Salad Dinner Roll Fruit	*AFTER PERFORMANCE* 12 Finger Sandwiches Cheese and Crackers Fruit Salad
15 Waffles Turkey Bacon Hash browns Fruit	16 Crab meat Subs Coleslaw Jell-O	17 Cream of Asparagus Soup Salad and Bread Fruit	18 Salmon w/ Mashed Potatoes Corn Yogurt	19 Cheese Raviolis Garlic Bread Salad Fruit
22 Spaghetti and Meat Balls Salad Fruit	23 Turkey Burgers Sweet Potato Fries Yogurt Parfait	24 Cleaning Day Lunch at 1:00 Sandwiches Chips Pickles	25 Chicken Tacos Bean & Corn Salad Guacamole Fruit	26 Veggie Bowl Avocado Boiled Eggs Fruits
29 Meat Loaf Mashed Potatoes Broccoli Fruit	30 Italian Sub Chips Salad Pudding	31 Bean Soup Oyster Crackers Salad Fruit		

Center Club Lunch Menu June 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fish and Chips Cole Slaw Yogurt	BLT Sandwiches Baked Chips Pickles Fruit	Tomato Soup Grilled Cheese Salad Fruit	END OF FISCAL YEAR CELEBRATION Lasagna Salad Costco Cakes	Veggie Chilli Corn Bread Salad Fruit
Shrimp Stir-Fry over Brown Rice Salad Fruit	Beef Hot Dogs Baked Beans Chips Jell-o	Lunch Served at 12PM Corn Chowder Oyster Crackers Salad Fruit Club Hours: 10AM - 2PM	BOSTON'S CITY OF BELONGING DAY	Mushroom Stroganoff Salad Fruit
FATHER'S DAY Cheese Burgers French Fries Salad Fruit	English Muffin Pizzas w/ Pepperoni Salad Fruit	JUNETEENTH Mac & Cheese Garlic Green Beans Vanilla Puddin	Cheese Raviolis Garlic Bread Salad Fruit	PRIDE MONTH CELEBRATION Grilled Chicken Salad+Chips Fruity Skewers Rainbow Cupcakes
Fish Cakes Rémoulade Sauce Popsicles	Hot Pastrami Sauerkraut Chips Jell-o	Cleaning Day Lunch at 1:00 Sandwiches Chips Pickles	Roast Chicken Rice & Beans Salad Fruit	Veggie Rice Bowl w/ Chickpeas Fruit

Center Club Lunch Menu May 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Butternut Squash Soup Chips Salad Yogurt w/ Granola	2 Tilapia Fish Tacos w/ sour cream, salsa, guacamole Coleslaw Fruit	3 Tomato Garlic Lentil Bowls Salad Cupcakes for May birthdays
6 CINCO DE MAYO LUNCHEON	7 Salmon Burgers Spinach salad Pudding	8 Beef Stew Salad Breadsticks Brownies	9 French Bread Pizzas w/ Turkey Pepperoni Salad Fruit	10 Falafel & Cucumber Wraps w/ Tzatziki Sauce Salad Fruit
13 Peking Raviolis Egg Rolls Noodles w/ Vegetables Fruit	14 Sloppy Joes Corn on the Cob Sweet Potato Fries Fruit	15 Minestrone Soup Grilled Cheese Sandwich Salad Fruit	16 Chicken Pot Pie Over Brown Rice Salad Yogurt	17 Hummus & Veggie Pitas Tator Tots Salad Fruit
20 Stuffed Peppers with Ground Turkey Salad Fruit	21 Beef Kielbasa w/ Cabbage on Roll Salad Fruit	22 Cleaning Day Lunch at 1:00 Sandwiches Chips Pickles	23 Ham Steak Sweet Potatoes Kale Salad Fruit	24 Teriyaki Stir-Fry with Tofu over Egg Noodles Mandarin Oranges
27 MEMORIAL DAY Scrambled Eggs Turkey Bacon Hash browns Fruit	28 Pork Chops Stuffing Green Beans Fruit	29 Turkey & White Bean Chili Corn Muffins Salad Fruit	30 Hot Dogs Baked Beans Coleslaw Fruit	31 Fettucine Alfredo w/ Broccoli Garlic bread Salad Fruit

Center Club Lunch Menu April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 EASTER CELEBRATION 1 Sliced Ham, Lamb Au Gratin Potatoes Green Beans Dinner rolls	2 Tuna melts Salad Fruit	3 Lentil Soup Roast Beef Sandwich Salad Fruit	4 Fish Sticks and Tater Tots Coleslaw Fruit	5 Pizza Bagels Salad Fruit
8 Shepherd's Pie Salad Rice Pudding	9 Italian Sub Chips Salad Pudding	10 White Bean Soup Dinner Roll Salad Fruit	11 Chicken Cordon Blue Mashed Potatoes Salad Fruit	12 Veggie Lasagna Salad Fruit
15 Chicken Caesar Salad Garlic Bread Fruit	16 Grilled Ham and Cheese Sandwich Salad Fruit	HEALTH AND WELLNESS FAIR DAY 1 17 Healthy Homemade Juices and Wraps	HEALTH AND WELLNESS FAIR DAY 2 18 Healthy Homemade Juices and Wraps	19 Coconut Curry w/ Rice Salad Fruit
22 Beef Lasagna Salad Fruit	23 Baked Cod over Brown Rice Green Beans Yogurt	CLEANING DAY Lunch at 1:00 24 Sandwiches Chips Pickles	HISPANIC LUNCH DAY Burritos Bowls w/ 25 Ground Turkey Tortilla Chips Pineapple	26 Veggie Burgers Sweet Potato Fries Yogurt Parfait
29 Meat Loaf Mashed Potatoes Broccoli Fruits	30 Crab meat Subs Chips Coleslaw Fruit	31 Butternut Squash Soup Chips Salad		

Center Club Lunch Menu March 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Egg Plant Parm Pasta Salad Fruit
ARLENE'S SPECIAL Southern Soul BBQ Chicken Collard Greens Sweet Potatoes Fries Bread Pudding	Sliced Mozzarella, Tomato, and Basil on toast w/vinaigrette glaze Salad & Mixed Berries	French Onion Soup Salad Fruit	Chicken Fried Rice Salad Fruit	RAMADAN CELEBRATION Musakhan 8 (roasted chicken baked with onions pine nuts served over taboon bread)
Spaghetti and Meat Balls Garlic Bread Salad Fruit	Pastrami Sandwiches Chips Pickles Chocolate Pudding	Split Pea Soup Oyster Crackers Salad Fruit	ST. PATRICK'S DAY CELEBRATION Corned beef Cabbage Soda Bread	CHELSEA'S SPECIAL Homemade Mac&Cheese Salad Yogurt
Cheese Burgers French Fries Salad Fruit	Croque Monsieur Chips Pickles Fruit	CLEANING DAY Lunch at 1:00 Sandwiches Chips Pickles	HISPANIC LUNCH DAY Shrimp Tacos Bean & Corn Salad Guacamole Fruit	Veggie Chicken Fettucine Alfredo Asparagus Fruit
Baked Cod over Rice Pilaf Green Beans Yogurt	Open Faced Turkey Sandwich Cranberry Sauce Apple Crisp	Grilled Cheese & Tomato Soup Salad Fruit	Rice & Broccoli Casserole Chicken Salad Fruit	Veggie Chilli Corn Bread Salad Fruit

Center Club Lunch Menu February 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Tuna Casserole Salad Fruit	2 Coconut Curry Stir-Fry Salad Fruit
5 Cod with Corn on a Cob Yogurt	6 Stuffed Peppers w/ Ground Turkey Salad Fruit	7 White Bean Soup Dinner Roll Salad Fruit	8 NARCISO SPECIAL Rice and Beans Pork Chops Salad Chocolate Pudding	9 Veggie Bowl Avocado Boiled Eggs Fruit
12 Chicken Cordon Blue Salad Fruit	13 Crab meat Subs Coleslaw Fruit	14 Valentine's Day Pink Sauce Pasta Dinner Roll Salad w/ Beats Strawberry Cupcakes	15 Sheppard's Pie Salad Rice Pudding	16 Spinach Quiche Baby Carrots Fruit Salad
19 LUNCH SERVED AT 12PM  SEE SEPARATE FLYER	20 Pizza Bagels Salad Fruit	21 CLEANING DAY Lunch at 1:00 Sandwiches Chips Pickles	22 HISPANIC LUNCH DAY	23 Veggie Burgers Sweet Potato Fries Salad Fruit
26 Roasted Potatoes and Pork Chops Salad Fruit	27 Salmon w/ Mashed Potatoes Corn Yogurt	28 Tortellini Soup Dinner Roll Salad Fruit	29 Cheese Raviolis Garlic Bread Salad Fruit	

Center Club Lunch Menu January 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH SERVED AT 12PM 1 Cilantro Lime Chicken Burritos Salad Cookies 	CASANDRA'S SPECIAL 2 Turkey Lasagna Salad Yogurt	3 Clam Chowder Oyster Crackers Salad Fruit	4 Pizza Bagels Salad Fruit	EPIPHANY 5 Pork Potato Salad Salad Three Kings Cake
8 Mac&Cheese Salad Corn Muffin Fruit	FRANCESCO SPECIAL 9 Homemade Meatballs Salad Fruit	10 Butternut Squash Soup Chips Salad	CHRISTINE G SPECIAL 11 Stuffed Cabbage w/ Beef and Cheese Salad	MLK LUNCH 12 BBQ Chicken Mashed Potatoes Salad Cupcakes
MLK DAY - LUNCH SERVED AT 12PM 15 Spaghetti & Meat Balls Garlic Bread Salad	16 Avocado Toast w/ Sun dried Tomatoes Salad Fruit	17 Cheese Raviolis Garlic Bread Salad Fruit	SPECIAL CHINESE LUNCHEON 18 Beef Lomien Sweet & Sour Chicken Fortune Cookies	19 Egg Plant Parm Salad Fruit
22 Pancakes Turkey Sausages Bananas	23 Burritos Bowls w/ Ground Beef Tortilla Chips Pineapple	CLEANING DAY 24 Lunch at 1:00 Sandwiches Chips Pickles	25 HISPANIC LUNCH DAY	26 Veggie Burgers Sweet Potato Fries Yogurt Parfait
BERTO'S SPECIAL 29 Rice and Beans Ground Beef Yogurt	30 Tuna melts Coleslaw Fruit	31 Sloppy Joe's Sweet Potato Fries Fruit		

Center Club Lunch Menu December 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Veggie Lasagna Salad Fruit
Chicken Cordon Blue Salad Fruit	ZARWAH'S SPECIAL Chicken Breast over Rice Salad Fruit	Tomato Basil Soup Grilled Cheese Salad Fruit	HOLIDAY FAIR NO REGULAR LUNCH Food available for purchase	Veggie Burgers Sweet Potato Fries Yogurt Parfait
Beef Hot Dogs Baked Beans Chips Fruit 5:00 HANUKKAH DINNER	Turkey BLT Chips Salad Chocolate/Vanilla Pudding	Beef and Veggies Soup Salad Fruit	Chef's Salad Wheat Roll Fruit	NO SEAT DOWN LUNCH REFRESHMENTS AND WRAPS AFTER ACTING WORKSHOP PERFORMANCE
Mac&Cheese Salad Corn Muffin Fruit	Crab meat Subs Coleslaw Fruit	Lentil Soup Roast Beef Sandwich Salad Fruit	Chicken Caesar Salad Garlic Bread Fruit	Veggie Chilli Salad Fruit
CHRISTMAS 	Homemade Hummus Pitta Bread Salad Fruit	Creamy Corn Soup Salad Fruit	Roasted Potatoes and Pork Chops Salad Fruit	KWANZAA Jambalaya Collard Greens Vanilla Ice Cream with Caramelized Plantains

Center Club Lunch Menu November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Pumpkin Soup Grilled Cheese Salad Apple Crisp	2 Salsa Verde Shrimp over Rice Salad Fruit	3 Veggie Fried Rice Chinese Broccoli Fruit
6 American Chop Suey Salad Fruit	7 Cleaning Day Lunch at 1:00 Sandwiches Chips Pickles	8 Sloppy Joe's Sweet Potato Fries Fruits	9 OPEN HOUSE	10 VETERANS DAY Veggie Burritos Bowls Tortilla Chips Pineapple
13 Spaghetti and Meat Balls Salad Fruit	14 Tuna Melts Salad Fruit	15 Cheddar Broccoli Soup Oyster Crackers Salad Apple Crisp	16 Hispanic Lunch Day	17 Spinach Quiche Glazed Carrots Fruit Salad
20 Chicken Broccoli Ziti Asparagus Fruit	21 Fish Sticks and Tater Tots Salad Fruit	22 Clam Chowder Oyster Crackers Salad Fruit	23 THANKSGIVING 	24 THANKSGIVING LEFT OVERS
27 Everything Bagel Salmon Roasted Potatoes Fruit	28 Hot Dog Baked Beans Salad Fruit	29 Chili Corn Muffin Salad Fruit	30 Au Gratin Potatoes Turkey wings Salad Fruit	

Center Club Lunch Menu

OCTOBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Nicole's Special 2 Turkey Sheppard's Pie Salad Fruits	3 BLT Sandwiches Baked Chips Pickles Fruits	4 Tomato Basil Soup Grilled Cheese Salad Fruits	5 Chicken Caesar Salad Garlic Bread Fruits	6 Sesame Garlic Ramen Noodles Salad Fruits
COLUMBUS DAY 9 Beef Lasagna Salad Fruits	10 Steak and Cheese Salad Fruits	11 Italian Wedding Soup Garlic Bread Salad Fruits	12 Seafood Salad Crackers Grilled Corn Fruits	13 Latinx Celebration Luncheon
16 Teriyaki Salmon Corn Fruits	17 Reuben Sandwich Three Bean Salad Baked Chips Yogurt	18 Chicken and Rice Soup Salad Fruits	19 Baked Cod over Rice Pilaf Green Beans Yogurt	20 Veggie Burger Sweet Potato Fries Salad Fruits
23 Meat Loaf Mashed Potatoes Broccoli Fruits	24 Avocado Toast with Eggs Salad Fruits	Cleaning Day Lunch at 1:00 Sandwiches Chips Pickles	26 Hispanic Lunch Day	28 Pumpkin Ravioli Salad Fruits
30 Stuffed Peppers w/ Ground Turkey Salad Fruits	31 HALLOWEEN BBQ Pork Ribs Mashed Potatoes Corn Spooky Cupcakes 			

Center Club Lunch Menu

September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Eggplant Parm Dinner Rolls Salad Fruits
4 Labor Day Lasagna Dinner Rolls Salad Popsicles	5 Sliced Mozzarella, Tomato, and Basil on toast w/vinaigrette glaze Salad & Mixed Berries	6 Broccoli Cheddar Soup Oyster Crackers Salad Fruit	7 Casandra's Special Luncheon Jamaican Jerk Seasoned Salmon, Mixed Rice and Vegetables, Asparagus, Fruit Salad	8 Homemade Mac and Cheese Salad Fruit
11 Sloppy Joe's Sweet Potato Fries Fruits	12 Fancy Peanut Butter and Jelly Banana Fruit Salad	13 Tukey and cheese + Lentil Soup Salad Fruit	14 Casandra's Special Luncheon Sweet Italian Chicken Sausages with Red and Green Peppers, Vegetable Medley, Brown Rice	15 Vegetarian American Chop Suey Salad Yogurt Parfait
18 Bananas Pancakes Tater Tots Sausage	19 Meatball Subs Salad Fruits	20 Burritos Bowls w/ Ground Beef Tortilla Chips Pineapple	21 Hispanic Lunch Day	22 Vietnamese Vermicelli Noodle Salad with Tofu **Peanuts**
25 Bruschetta Chicken Pasta Salad Yogurt	26 Pastrami Sandwiches Chips Pickles Chocolate Pudding	27 Cleaning Day Lunch at 1:00 Sandwiches Chips Pickles	28 Robert Lew's Special Luncheon Sesame Chicken Raviolis Beef fried Rice Ice Cream Sandwiches	29 Veggie Bowl Avocado Boiled Eggs Fruits

Food allergy notice