

## Work Ordered Day

Members are encouraged to be active in Center Club and assume a role in the day-to-day operations of the club. Club and staff members work side by side in the club's three work units. In this way, members develop new job skills, brush up on previously learned ones, develop good work habits, and increase self-confidence. Units include Membership Services; Food Services and Social Activities; and Employment, Education and Housing.

### Referrals and Intakes

Individuals interested in joining Center Club as well as referring counselors should contact Florence Mugenyi, Intake Coordinator at 617-788-1003 or [fmugenyi@baycove.org](mailto:fmugenyi@baycove.org). Also, find referral materials on our website at:

[www.centerclubboston.org/referrals](http://www.centerclubboston.org/referrals).

Center Club is open to any adult with a major mental illness who lives in Boston, Brookline, Cambridge, Somerville, Winthrop, Revere and Chelsea. Individuals who are currently homeless must be active DMH/Metro Boston clients.

### Location

Center Club is located near the Government Center area of Boston, just minutes from the Haymarket MBTA station (Green and Orange lines).

### Hours of Operation

Monday- Friday **10:00 AM-6:00 PM**

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31 Bowker Street  
Boston, MA 02114



Center Club Main: 617-788-1000  
For Spanish Speakers: 617-788-1098  
Fax: 617-788-1080  
[www.centerclubboston.org](http://www.centerclubboston.org)

# Center Club



A Program of



*Bay Cove partners with people to overcome challenges and realize personal potential.*

[www.centerclubboston.org](http://www.centerclubboston.org)

Revised: 1/30/2022

## Who We Are

Center Club is a Clubhouse for adults with psychiatric disabilities. Since 1959 we have been dedicated to the principles of self-help, peer support, and empowerment. We offer a safe and supportive environment in which members of the program can work towards building meaningful lives, connecting to the larger community, assuming valued roles in the communities of their choice, and ultimately live as independently as possible.

The services provided by the Club are individualized and based on each member's needs, strengths, and choices, which are assessed at the time a person joins the program. Each member participated in individualized goal planning with their key staff member at the Club. Club members have the option of working with staff members in English or in Spanish.

### Center Club guarantees...

- **A right to a place to come.**
- **A right to meaningful work.**
- **A right to meaningful relationships.**
- **A right to a place to return.**

## Employment Supports

Center Club provides three levels of support based on each member's personal needs and preferences. These are: Transitional, Supported, and Independent.

**Transitional Employment (TE)** offers a transitional or temporary part-time job at prevailing wages. It provides individuals with the opportunity to work for the first time or to re-enter the workforce after a long absence. The **Supported Employment** program provides members with guidance in securing permanent part- or full-time employment. This is accomplished through a combination of on-going support, advocacy and other customized services. Through the **Independent Employment** program, club members obtain jobs on their own and utilize Center Club as a base of support by participating in a weekly employment dinner or other social activities.

## Educational Supports and Services

Center Club assists members who want to improve their education. The club helps members select schools, enroll in classes and apply for financial aid. Many members provide peer tutoring in computer use, basic math and reading and ESL. Center Club has access to computer-based programs, which include Hi-Set preparation and Mavis Beacon typing tutor software.

## Housing Supports and Services

Center Club supports members in obtaining and maintaining decent, safe and affordable housing in a variety of ways, including housing search, assistance with applications, obtaining furniture and household supplies, moving and landlord or roommate mediation.

## Accessing Community Linkages

The Club assists members in accessing culturally relevant community resources so that they may participate fully in the communities of their choice.

## Socialization

Center Club schedules a wide array of social, recreational and cultural activities, which occur in-house or in the community after the work ordered day. These include a weekly activities and special holiday meals and many other activities offered in the greater Boston area. The club also holds memberships at various local museums which members are able to use free of charge.

## Health and Wellness

We support club members in maintaining their physical health. Center Club members may use the Erich Lindemann Mental Health Center gymnasium free of charge. We hold a weekly Dual Recovery Anonymous (DRA) meeting for members who struggle with substance use and mental illness, along with discussions and presentations on a variety of health and wellness topics.

## Life Skills

We provide members training and education in life skills as needed in order to promote greater independence.

## Meals

We provide two meals each day of operation, at a nominal cost.

## Diversity

Center Club embraces, promotes and protects the value of diversity, equity and inclusion as essential to the work that we do. We vow to embody the principles of diversity, equity and inclusion in all that we do.

We are committed to providing a safe, affirming environment for all Center Club members. Special events occur throughout the year to celebrate the diversity reflected in our membership. All programming and literature is offered in both English and Spanish.